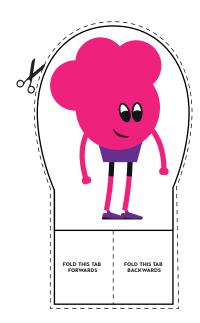
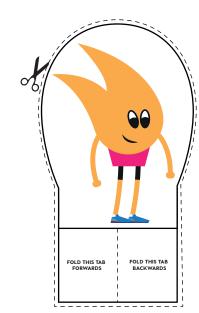


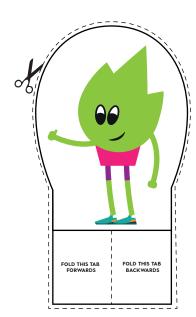
DART'S FAMILY MISSION - A Weekly Challenge

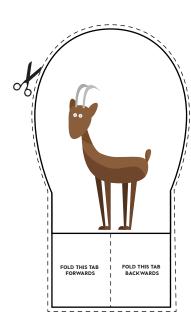
- 1. Get each member of your family to draw a small picture of themselves to use as a counter or use our Dart α friends character cut outs.
- 2. Go to our website www.gorunforfun.com/parents to find our resources
- 3. For each activity / resource you complete, you earn points. Move your counter along the board the number of points you have earned that day.
- 4. Don't forget to check out our social media pages where we will be posting daily challenges!
- 5. The first person to complete all of the steps is the weekly winner!
- 6. Don't forget to send us a photo of your completed family board game using #gorunforfun to win a GO Run For Fun t-shirt for you and your family!

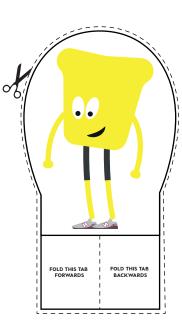
Choose your character





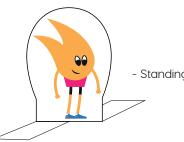






Stand your character up (Print or stick on to card for characters to be able to stand)

- 1. Please ask an adult to cut around the shapes, using the dashed lines as guides, with scissors.
- 2. Cut up the small dashed line that is in the centre of the stand part of your character to create two tabs.
- 3. Fold one tab forwards and the other backwards, to form feet for your character to stand.



- Standing character ready to play!